

COLLABORATIVE PRACTICE INTERDISCIPLINARY SKILLS TRAINING

Victoria L. Smith LL.B., C. Med., Cert. CFM(FMC)
Sheila Brown MSW, RSW, Acc.FM
Jane Tremblay CFP, FCSI, FDS, Ch.P.Strategic Wealth

Course Outline:

This dynamic workshop explores the basic skills needed for collaborative practice including:

- Understanding the role and contribution each collaborative professional brings to the process
- Understanding conflict, including the dimensions of conflict, what causes conflict, how people engage and avoid conflict, and the dimensions of conflict resolution
- Understanding power including types of power and how to use it wisely
- Principled negotiation:
 - the spectrum of human needs and interests-substantive, process and psychological
 - negotiation styles
 - managing interest-based and distributive negotiation
 - generating creative options and moving to settlement
- Exploring the challenges of collaborative practice-advocacy issues, a deeper look at the role of the law in interest based negotiations
- Key Skills in Transforming Difficult Conversations into Learning Conversations – non-defensive questioning, I statements, moving from blame to contribution
- Working within the context of a team– How systems theory can help us
- Effective preparation and debriefing
- Strategies for managing strong emotions and difficult clients
- Impasse

This workshop is highly interactive with considerable opportunity for participant involvement, exercises, demonstrations and role-play.

Family professionals, financial professionals, and mediators are invited to attend. This training will provide breakout sessions for each professional to deepen core competencies as well as opportunities for all professionals to work together.

*This training meets the requirements of Collaborative Practice Toronto.
This training meets the I.A.C.P. standards for trainers and trainings.*

Presenters' Biographies:

Victoria L. Smith is a family lawyer with 25 years experience, offering services as a collaborative lawyer, mediator and arbitrator. She is also a teacher, writer and presenter on the subject of Collaborative Practice and Alternate Dispute Resolution.

Victoria is certified as a Comprehensive Family Mediator with Family Mediation Canada and is a Chartered Mediator with the Arbitration and Mediation Institute of Ontario.

Victoria trains lawyers and other professionals in the collaborative process, communication and negotiation skills internationally. She is Adjunct Professor at Osgoode Hall Law School, where she teaches Collaborative Law. She is coauthor of *Collaborative Family Law, Another Way To Resolve Family Disputes*, published by Thomson Carswell. Victoria is a member of the IACP Board of Directors. She is a former Director of Collaborative Practice Toronto.

For more information about Victoria's trainings and feedback from previous participants, see her website www.victoriasmith.ca

Sheila Brown is a Registered Social Worker and Accredited Mediator with over 25 years of experience. Sheila's private practice specializes in work with families and children who are experiencing separation/divorce. In addition to assisting parents to develop parenting plans, Sheila works in Collaborative Practice as a Neutral Facilitator, Coach and Child Specialist. Sheila's extensive experience in managing multidisciplinary teams in children's mental health centres informs her work as a member of the collaborative practice team. Sheila has been an instructor in the Family Mediation Program at McMaster University and has provided workshops to collaborative professionals on variety of topics including working with emotions, working within a team context, and the importance of debriefing.

Sheila is a former member of the Board of Directors of Collaborative Practice Toronto and is currently a member of the Peel-Halton Collaborative Practice Group.

Jane Tremblay's extensive experience and wide variety of skills have been earned through over thirty years in the financial services industry. At present, she is a Senior Financial Advisor/Branch Manager with Assante Capital Management Ltd. – Member CIPF. As well as earning a Bachelor of Arts degree in psychology, Jane holds the designations of Certified Financial Planner, Chartered Financial Planner, Fellow of Life Management Institute, Fellow of the Canadian Securities Institute, Ch. P. Strategic Wealth and Certified Divorce Financial Analyst. She has served on the Board of Directors for Collaborative Practice Toronto, is currently serving on the Board of Directors for the Ontario Collaborative Law Federation and is a member of the Standards and Ethics Committee for the IACP. Jane has provided workshops and trainings for both financial and collaborative professionals. Jane is currently focusing her practice on being the "strong neutral" on the interdisciplinary collaborative team, helping clients go through separation in a constructive and respectful manner.